Rising Above the Opioid Epidemic Panel: Treatment Modalities
Treatment Modalities

Let’s start with goals for ourselves as treatment providers:

- Provide an avenue for individuals with substance use disorder to access treatment.
- Reduce overdose deaths and save lives.
- Establish trust with substance users, their families, and the at large community.
- Improve quality of life for individuals, families, and communities.
- Identify, address, and improve social determinants, including homelessness, housing insufficiency, unemployment, criminal/justice involvement.
Treatment starts with a Comprehensive Medical Assessment to determine the best service options, including attention to individual circumstances, individual choice, best practice, and desired outcome.

**OPIOID TREATMENT**

- The appropriate Service Plan/Medication is determined from the Comprehensive Assessment and contingent on the patient/member agreement.

Which can include:
- Methadone
- Suboxone/Subutex
- Vivitrol
Treatment Modalities

While the appropriate pharmacological interventions are integral in treatment, support services are important and necessary for positive treatment outcomes.

*Just a few examples:*

**WHOLE PERSON TREATMENT**

- Accomplished through Integrated Care.
- Physical health surveillance and interventions. For example: diabetes screening, wound care, treatment of HCV, OBGYN, acupuncture.
- Emotional Health: Psychiatric Therapy (CBT, EMDR, TREM), Peer Support.
- Support regarding social determinants: Employment Services, Educational Goals, Financial Literacy, Safe Housing, Nutrition: food bank groups, Spiritual, Red Road to Wellbriety, Mindfulness, Tai Chi.
Treatment Modalities

*Just a few examples:*

**CONTINGENCY MANAGEMENT**

- Provides motivational awards for patients meeting milestones/treatment goals.

For example, entering random drawings, (fishbowls) for low-cost prizes, and/or affirmations for meeting treatment goals.
THANK YOU