Midwifery: “With Woman”

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An Honorable Profession From the Beginning of Human History

- Ancient Egypt
- Greeks
- Old Testament
- Romans
- Medieval Europe
- Resurgence at the Turn of the 20th Century
  - Western Europe
  - United States
- Today
Training and Credentials

- Lay midwives
- Direct-entry midwives
  - Certified Professional Midwife (CPM)
    - North American Registry of Midwives
  - Licensed Midwives (LM)
    - Licensed by individual states
  - Certified Midwives (CM)
    - American Midwifery Certification Board
- Nurse-Midwives (CNM)
  - American College of Nurse-Midwives
    - American Midwifery Certification Board
Practice Venues

- Home
- Out of hospital Birth Center
- Hospital
- Federally Qualified Health Centers
- HMOs
- Public health
- Higher education
Support Worldwide

- Holland
- England
- New Zealand
- Africa and South America
Closer to Home

- Legal in all 50 States
- 8% of all births in 2009
- Most CNMs practice in hospitals
Services Offered

- Care for women from puberty throughout life
- Prenatal, delivery, postpartum care
- Breastfeeding
- *Newborn care
- Family planning
- Fertility and menopause
So...Marginalization?

- Scientific evidence shows CNM care has equivalent outcomes, and often lower cost, than traditional medical care
- Until 2012, Medicare reimbursed CNMs at 65%
- Some insurance plans still do not cover CNM care
- Many do not allow home births or LM/CPM care
- Arizona Rules and Regulations state that CNMs as APNs should have hospital admitting and discharge privileges as independent practitioners
Here in Phoenix

- First CNM services: Maricopa and Phoenix Memorial
- 2 Freestanding Birth Centers*
  - Insurance
    - Liability cost-prohibitive
    - Private insurances often don’t cover
- Some local hospitals do not allow CNMs to practice
- Salary inequalities between CNMs and other NP specialties
And Where Do We Practice?

- Birth centers
- St. Joseph’s
- Maricopa Medical Center
- Phoenix Indian Medical Center
- Chandler Regional
- Phoenix Baptist
- Home birth practices
- And many that have closed....
Included with permission.
Appendix

- **R4-19-501. Categories and Specialty Areas of Advanced Practice Registered Nursing**
  - A. The Board uses the following categories of advanced practice registered nursing:
    1. Registered nurse practitioner (RNP) in a specialty area including Certified Nurse Midwife as a specialty area of RNP; and
    2. Clinical Nurse Specialist (CNS) in a specialty area.

- **R4-19-508. Scope of Practice of a Registered Nurse Practitioner**
  - A. An RNP shall refer a patient to a physician or another health care provider if the referral will protect the health and welfare of the patient and consult with a physician and other health care providers if a situation or condition occurs in a patient that is beyond the RNP's knowledge and experience.
  - B. In addition to the scope of practice permitted a registered nurse, a registered nurse practitioner, under A.R.S. §§ 32-1601(19) and 32-1606(B)(12), may perform the following acts within the limits of the specialty area of certification:
    1. Examine a patient and establish a medical diagnosis by client history, physical examination, and other criteria;
    2. For a patient who requires the services of a health care facility:
      a. Admit the patient to the facility,
      b. Manage the care the patient receives in the facility, and
      c. Discharge the patient from the facility;
    3. Order and interpret laboratory, radiographic, and other diagnostic tests, and perform those tests that the RNP is qualified to perform;
    4. Identify, develop, implement, and evaluate a plan of care for a patient to promote, maintain, and restore health;
    5. Perform therapeutic procedures that the RNP is qualified to perform;
    6. Prescribe treatments;
    7. If authorized under R4-19-511, prescribe and dispense drugs and devices; and
    8. Perform additional acts that the RNP is qualified to perform.
  - C. An RNP shall only provide health care services within the nurse practitioner's scope of practice for which the RNP is educationally prepared and for which competency has been established and maintained. Educational preparation means academic coursework or continuing education activities that include both theory and supervised clinical practice.

**Historical Note**
References


Association of Women’s Health, Obstetric and Neonatal Nurses (AWHONN). http://www.awhonn.org


