



**one.n.ten**  
Today's Youth. Tomorrow's Future.



*Aaron L. Taliaferro, M.Ed.*  
**Director of Youth Center and  
Wellness**



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## **Our vision**

**one•n•ten** envisions a world where all LGBTQ youth and young adults are embraced for who they are, actively engaged in their communities, and empowered to lead.

## **Our mission**

Our mission is to serve LGBTQ youth and young adults ages 11-24. We enhance their lives by providing empowering social and service programs that promote self-expression, self-acceptance, leadership development, and healthy life choices.



## Youth Center, Satellites and more...

- Fun and educational programs 5 days a week
- Free meals, snacks, showers, clothing, toiletries, & community resources
- Connection to services, such as medical & dental care, housing resources, and connection to care
- Identity based groups, such as Trans and Gender Non-Confirming group and Queer Youth of Color Group (QOC)
- *The Zone* program, focused on HIV/AIDS education, de-stigmatization and support of HIV+ youth
- **10 Satellite locations, with the goal of 18 open by end of 2022**



## Programs, Resources and more...

- **Parent Group**
- **POND Housing Program**
- **Workforce Program**
- **CampOUTdoors**
- **OUTscouts**
- **Trainings**

# LGBTQ+ Youth (Middle and High School)

## 2019 National School Climate Survey by GLSEN (Gay, Lesbian and Straight Education Network)

- 68.7% were verbally harassed in the past year because of their sexual orientation.
- The vast majority of transgender students (83.3%) reported being bullied based on their gender identity.
- 44.9% experienced cyberbullying.
- Nearly one-third (32.7 %) missed at least one day of school in the last month because they felt unsafe or uncomfortable and 17.1% changed schools.
- Students of color commonly experience multiple forms of victimization—40.0% of both Black and Asian American/Pacific Islander students, 41.2% of Indigenous students, and 41.6% of Hispanic/Latin students reported bullying based on both their sexual orientation and their race.

# Impact: Effects on Education

- Gay teens in U.S. schools are often subjected to such intense bullying that they're unable to receive an adequate education.
- LGBT youth identified bullying problems as the second most important problem in their lives, after non-accepting families, compared to non-LGBT youth identifying classes/exams/grades.
- LGBT youth who reported they were frequently harassed in school had lower grade point averages than students who were less often harassed.
- One survey revealed that more than one-third of gay respondents had missed an entire day of school in the past month because they felt unsafe there.
- LGBT youth feel they have nowhere to turn. Sixty percent of LGBT students did not report incidents to school staff. One-third who reported an incident said the staff did nothing in response. [6]

LGBTQ youth are nearly twice as likely to be called names, verbally harassed or physically assaulted at school compared to their non-LGBTQ peers. Their mental health and education, not to mention their physical well-being, are at-risk

(GLSEN 2019)

# Impact: Common Risk Factors

## Withdrawal/Drop out of school

**Self-Harm:** With each instance of verbal or physical harassment, the risk of self-harm among LGBT youth is 2 ½ times more likely.

**Substance Use:** Gay, lesbian, bisexual and transgender youth are more than twice as likely to experiment with drugs and alcohol.

## Unstable/Unhealthy homes/Homelessness

**Suicide:** Gay, lesbian, and bisexual youth are 4 times more likely to attempt suicide than their heterosexual counterparts.

# What can we do?

- **Train staff** on how to create safe and supportive environments for all youth and young adults, including LGBTQI+ youth. **Hire staff** and administrators that are culturally competent and an advocate/ally.
- **Prohibit** bullying, harassment, and violence against all students.
- Conduct **social-emotional learning activities** in school to foster peer-relationships and help develop empathy.
- Identify "**strong spaces**," such as counselors' offices or designated classrooms, where LGBTQI+ youth can receive support from administrators, teachers, or other staff.
- Encourage youth-led and youth-organized **clubs** that promote a safe, welcoming, and accepting school environment
- Use **inclusive language** and avoid making assumptions. The words we use can make help people feel acknowledged and create a sense of belonging. Use students' chosen **names and pronouns**.
- Refer to local community resources

# Resources

## Local

- [Onenten.org](http://Onenten.org)
- PFLAG (Phoenix)
- Equality Arizona
- Greater Phoenix Equality Chamber of Commerce

## National

- [The Trevor Project](http://TheTrevorProject.org)
- [GLSEN](http://GLSEN.org)
- [Everyone is Gay](http://EveryoneIsGay.org)
- [Stomp Out Bullying](http://StompOutBullying.org)
- [Stop Bullying](http://StopBullying.gov)

# Resource Links

1. [Homepage | GLSEN](#)
2. [LGBTQ Bullying | STOMP Out Bullying](#)
3. <https://cyberbullying.org/bullying-cyberbullying-sexual-orientation-lgbtq.pdf>
4. [The Trevor Project | For Young LGBTQ Lives](#)
5. [BACK TO SCHOOL 2014 - Bullying and LGBT Youth.pdf \(mhanational.org\)](#)

# Resources

1. Assistant Secretary for Public Affairs (ASPA). (2019, September 24). *LGBTQ Youth*. StopBullying.gov; StopBullying.gov. <https://www.stopbullying.gov/bullying/lgbtq>
2. Kosciw, J. G., Clark, C. M., Truong, N. L., & Zongrone, A. D. (2020). *The 2019 National School Climate Survey: The experiences of lesbian, gay, bisexual, transgender, and queer youth in our nation's schools*. New York: GLSEN. <https://www.glsen.org/research/2019-national-school-climate-survey>
3. Hinduja, S., Justin, W., & Patchin. (2020). *Bullying, Cyberbullying, and LGBTQ Students*. <https://cyberbullying.org/bullying-cyberbullying-sexual-orientation-lgbtq.pdf>
4. [2021 SSIA org sign-on letter of support v2.pdf \(glsen.org\)](#)